

# KLDC NEWS

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Issue 8

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## Your check up appointment at King Lane Dental Care

### For You

**At each check-up your dentist will:**

- Examine your teeth, gums and mouth.
- Ask about your general health and any problems you've had with your teeth, mouth or gums since your last visit.
- Check the soft parts of your mouth, including the tongue and cheeks. These examinations are important so the dentist can spot any infections, mouth conditions or even mouth cancer at the earliest stages
- Ask about and give you advice on your diet, tobacco and alcohol use, and teeth cleaning habits



### Why is a check-up important?

It lets the dentist see if you have any dental problems, and helps you keep your mouth healthy. It is best to prevent problems or treat them early on. Leaving them could mean that treatment is more difficult in the future.

### For Your Children



Particularly relevant to children is the monitoring of the development of the baby & adult teeth. Early intervention is important if teeth are delayed, incorrectly positioned or missing. The premature loss of baby teeth can also lead to problems with the position of the developing adult teeth. Early diagnosis & treatment can often prevent further more complicated & prolonged treatment later on.

The team at King Lane Dental Care are following recent Department of Health advice that the twice yearly application of fluoride varnish to children's baby teeth, for those children who may be particularly vulnerable to decay, can help prevent decay by 33%. This is an example of the preventive approach we take towards caring for your children's teeth & a further reason why it is important for your children to attend regularly.

### Fluoride

Most toothpastes contain fluoride, and most people get their fluoride this way. Fluoride toothpaste is very effective in preventing tooth decay. Leeds water is not fluoridated & the level occurring naturally is very low, so brushing twice a day for 2 minutes, spitting out & not rinsing with water, should be part of everyone's routine.

# You are Invited to our **invisalign** Open Day Tuesday 19th May

We are having an open day to celebrate 2 years of successful Invisalign treatment at King Lane Dental Care. Have the smile you've always wanted! Find out more about how to straighten your teeth without the need for metal braces, which is so discrete nobody will even know that you are doing it.

Throughout the day there will be plenty of opportunity to discuss the treatment. Watch a video of the procedure & talk to patients, past & present, & get first hand information of what's involved in the treatment. We will be carrying out **free Invisalign assessments** (normal charge £25) to check if the treatment is right for you.

**On the day you will be able to take advantage of our special offers such as free whitening & affordable payment options from as little as £2/day and interest free credit .**

Start



8 months later



## What are the benefits of Invisalign?

- Invisalign is clear. You can straighten your teeth without anyone knowing.
- Invisalign is removable. Unlike braces, you can eat and drink what you want during treatment. You can also brush and floss normally to maintain good oral hygiene.
- Invisalign is comfortable. There are no metal brackets or wires as with braces to cause mouth irritation, and no metal or wires means you spend less time in the dentist chair getting adjustments.
- Invisalign allows you to view your own virtual treatment plan before you start so you can see how your straight teeth will look when your treatment is complete.

**Visit our new website**

**[www.kldc.co.uk](http://www.kldc.co.uk)**

**For useful information on treatments & details of all our latest offers & promotions**

## New Patients

Our practice is continually growing, mainly by recommendation, and we are always pleased to see your family & friends. We know that for some people a visit to the dentist can be worrying, so every effort is made to make the visit as relaxed as possible. We have grown through your kind comments & numerous recommendations. **Thank you!**



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If you have any comments or suggestions regarding any aspect of your care at King Lane Dental Care we would be very happy to hear from you either via our website or by e mail. We look forward to your feedback!